



2026

Teacher Mastery Programme

Topic Summaries

2026 Topic Selection



It's all about
The Teacher

Classroom Management
that Works



Social Emotional
Learning

Growing
Gritty Minds



The **Behaviour**
Code

Curious
Classrooms



ECD - Building **Brains,**
Bodies & Belonging

Impact
Consolidate & Elevate





It's all about The Teacher

In Brief

The difference between schools that **thrive** and schools that **wilt** during this season of rapid change depends on the ability to make the necessary changes. Change is hard, but essential. It requires both comfort and capacity.

Most schools are deficient in innovation DNA. By empowering **the teacher** to make and implement changes, schools will not only survive, but **thrive** in the 21st century.

The Live Training Session Themes

- Webinar 1** In Teachers We Trust: From Accountability to Flexibility
- Webinar 2** Designed for Distraction - Teachers Encourage Failure: Distraction & Trusted Teachers with Flexibility
- Webinar 3** Performance: Different but Unique - Space and Time for Everyone
- Webinar 4** Biography Determines Biology: Trauma and the Trusted Charismatic Teacher

This package equips all teachers to

- Urgently identify the 'North Star' for each student - Purpose Driven Learning.
- Recognise that student competence outweighs subject mastery.
- Use the Three Step process of getting children to thrive.
- Implement playful teaching for adult success.
- Instil a differentiated approach in their high performing classrooms. One size does not fit all.
- Understand why brain plasticity can change student behaviour.
- Catch students at their BEST.
- Monitor, Manage and Improve their physical and mental wellbeing. Teachers are only as good as their health.



In Brief

In classroom management that works, the goal is to develop the **three executive functions** of **Inhibitory Control** (managing time, priorities and self-control), **Cognitive flexibility** (the ability to think deeply on a range of topics and see different problem-solving perspectives) and **Working Memory** (the capacity to draw on previous knowledge and massage it with new incoming information to grow different memories). We achieve this through practical methodologies and approaches to ensure the classroom is transformed into an optimum learning environment.

Webinar 1	Community Classrooms of Connection
Webinar 2	Discipline: Why Confronting & Contracting Works Best
Webinar 3	Curiosity - Construction - Consolidation: Make Learning Stick
Webinar 4	In it together - School Wide Regulation

- Recognise the power of relationship in the classroom and build secure, consistent, warm relationships with ALL students.
- Create an optimum learning environment where the climate reflects opportunity for flow and limits/removes stress at all costs.
- Work with students to set ferocious goals, review goals and reframe these goals.
- Regulate the classroom environment by ensuring that every child knows that they are unique. Adapt teaching techniques and lesson planning to teach a class of individuals.
- Embrace the power of communication through immediate feedback.
- Use authority (discipline) to enhance learning, ensure students know the boundaries and feel a sense of belonging in the classroom while understanding how the brain learns best.
- Use teaching strategies to develop the THREE Executive Functions - Inhibitory Control, Working Memory and Cognitive Flexibility.
- Bring enjoyment and play into the classroom so that students can thrive.



Social Emotional Learning

In Brief

There are no good feelings or bad feelings. **Emotions** are just data. This data dramatically affects the way humans respond.

When teachers are trained in **Emotional Intelligence (Ei)** and embed the knowledge in every subject, students soon learn the power of **recognising emotions**, giving them a name, mastering the art of **regulating** the effect it has on their lives and using emotions to improve their own and others' **wellbeing**.

The Live Training Session Themes

- Webinar 1** The Emotional Brain and the power of Emotional Literacy
- Webinar 2** Emotional Connection
- Webinar 3** Conflict and Resolution Education (Application of Ei)
- Webinar 4** The stages of empathetic development

This package equips all teachers to

- Recognise that managing emotions is like learning to surf. It requires training and practice.
- Teach students how their brains process sensory input.
- Know the difference between Reacting vs Responding.
- Meet RURU: The emotional elephant. This involves learning to Recognise, Understand, Regulate and Use emotions.
- Name the **core** emotions, and build emotional literacy.
- Apply the **EXCEL** programme.
- Identify the three levels of the human brain & explain the Handy Model of the Brain.
- Recognise the Butt - Gut - Heart - Brain connection.
- Implement **CARE** circles / Mentor groups with students.



Growing Gritty Minds

In Brief

Goethe said, “Everything is hard before it is easy!” That quote seems to sum up the reality that the human brain is hardwired for **struggle** and when teachers allow students to fail and try again, **mastery** is achieved as a result of a combination of **passion** and **resilience**.

In an age where parents try to make the road to success smooth, students are losing out on an essential ingredient in their success sojourn - **GRIT**. The package takes educators on a journey into **mindsets**, the power of choice, the role of relationships, and the damage caused by anxiety when failure isn't encouraged as a lifeskill.

The Live Training Session Themes

- Webinar 1** No Effort - No Achievement
- Webinar 2** Teaching students to take charge of their own Mindsets
- Webinar 3** Choice! Empower student's voice
- Webinar 4** What my teacher thinks matters - the life changing educator

This package equips all teachers to

- Develop Grit in the classroom and the school as a whole through classroom mindset change, celebration of struggle, effort and skill over individual achievement.
- Understand their own mindset, the mindsets of students in their classrooms and how to rewire the brain to be Growth Mindset inclined.
- Make use of the Yet/Not Yet system of formative assessment to build resilience, self belief and to develop growth mindsets.
- Explore the different types of Grit prevalent in the classroom, and develop strategies to combat them when necessary.
- Design Gritty thinking spaces which promote resilience, ferocious goal setting, reviews, feedback and setting new goals.
- Develop student autonomy in goal setting and demonstrating competence.



The Behaviour Code

In Brief

Equip your school with effective strategies to address **challenging behaviour** in students. The **Behaviour Code** delves into the science behind behaviour, providing a comprehensive understanding of its **psychological** and **neurological** factors.

Gain valuable insights into why these behaviours occur and learn how to address them. Teachers and School Leaders, shape your students' behaviour with **confidence**.

The Live Training Session Themes

- Webinar 1** Thriving vs Wounded
- Webinar 2** Secure Base & Safe Haven
- Webinar 3** Low Avoidance, High Anxiety
- Webinar 4** Adverse Childhood Experiences

This package equips all teachers to

- Recognise that bad behaviour is a disability and students with this disability are deeply wounded.
- Acknowledge that trauma is deep and it requires a set of skills by educators, who are often also traumatised themselves, to manage the behaviour.
- Create a Profile on each child who displays behaviour challenges so that the student's history (biography) is understood by every educator.
- Establish a Secure Base and Safe Haven for all students in the school where all can find support when needed.
- Explore the attachment theory and the impact that childhood atypical attachment has on withdrawn and oppositional students as well as those who present with sexualised behaviour and deep anxiety.
- Comprehend the reality that a child's biography determines their biology and recognise the impact of stress and anxiety on adult health.
- Learn strategies to manage atypical behaviour within a classroom environment.
- Build strong connections with students, even when their childhood trauma prevents them from reciprocating.
- Dramatically improve their understanding of behaviour and the role they play in building student character and citizenship.



Curious Classrooms

In Brief

Step into a year of bold, energising, professional growth where **curiosity becomes the heartbeat of learning**. This theme equips teachers to rewire planning, master the art of questioning and create classrooms where students think deeply, talk more and take ownership of their learning.

Grounded in neuroscience and **packed with practical tools**, *Curious Classrooms* blends essential questions, student voice and visible thinking routines with the excitement of real inquiry; helping teachers design **learning experiences that stick for life**.

The Live Training Session Themes

- Webinar 1** The Curious Classroom: Rewiring How We Plan & Teach
- Webinar 2** Question Coaches: Moving from Telling to Asking
- Webinar 3** Student Voice in Action: Thinking, Talking, Owning
- Webinar 4** The Sticky Inquiry: Designing for Deep Thinking & Real Impact

This package equips all teachers to

- Apply the WAIT Principle to foster student-led talk and reduce teacher talk-time meaningfully.
- Design weekly lessons using essential questions, provocations and questioning routines to spark and deepen inquiry.
- Use the Inquiry Pencil, Questioning Triangle, Pyramid and Continuum confidently.
- Embed student reflection tools (e.g., Reflection Fridays) to make thinking visible and guide metacognition.
- Support students to participate in a Student-Led Conference, building confidence, ownership and articulation of learning.
- Integrate key neuroscience elements - RAS, AGES, CROPS and the 6Cs into classroom design to improve attention, memory and meaning.
- Differentiate their questioning and planning approach using UbD principles, while aligning to the national curriculum / IEB / Cambridge.
- Demonstrate growth through a Keller-designed diagnostic baseline, impact check-ins and end-of-year reflections - without adding stress or admin overload.
- Shift confidently from answer-giver to coach, guiding learners through structured curiosity and inquiry.
- Create an energetic, bold and inviting learning space where students' voices are heard, ideas are valued and deep learning thrives.



ECD - Building Brains, Bodies & Belonging

In Brief

After years of deep learning and scientific exploration, 2026 invites us to pause, not to slow down, but to strengthen what matters most. This year is not about the next new thing. It's about **making Keller's best insights come alive** in real classrooms through practical, playful, purposeful teaching.

This hands-on year anchors ECD educators in what truly builds a strong foundation for success: **brain-body integration, connection, confidence** and **rhythm**. Through a structured, visualised year plan; including monthly themes and quarterly deep-dive webinars, teachers will refine what they know and elevate what they do.

Jan	Feb	March	April	May	June
Core Keller Philosophy Reconnect to Purpose	Learning By Doing The Built Brain	Body First Brain Follows	Designing Joyful Spaces	Teaching in Rhythm Rhythm, Ritual, Regulation	The Power of Story & Play
July	August	September	October	November	December
Outside - Inside Outside Learning Space & Place	Strong Bodies Calm Minds Body Readiness	Confident Little Hands Fine Motor & Pincer Skills	Real Tools, Real Thinking Tools, Play & Process	Celebrating Growth Tackling 'Assessment' in ECD	Rest

This package equips all teachers to

- Re-centre teaching around Keller's Mind-Brain-Education Science and the Three-Level Brain.
- Bring hands-on activities to life that support core muscle tone, coordination and posture.
- Create environments that support regulation, rhythm and readiness to learn.
- Design classrooms and outdoor spaces that align with a child's natural development pace.
- Use play to develop the 6C's: collaboration, communication, content, critical thinking, creative innovation and confidence.
- Apply the "GO²" principle (Good Glucose + Oxygen + Movement) daily for optimal brain fuel.
- Celebrate individuality and shift away from "averages" or standardisation.
- Explore joy, awe and wonder as cornerstones of true ECD success.
- Build connections with learners through co-regulation, reflection and story.



Impact

Consolidate & Elevate

In Brief

After a season of rich learning, this track gives your staff a year to revise in real contexts, embed what already works, and make school feel lighter, calmer and more purposeful. We start with teacher wellbeing and regulation so classrooms settle and thinking improves, then streamline routines and language to build classroom flow, and finally turn everyday barriers into small, repeatable wins. It works across phases and is designed to shift culture, not add workload.

The Live Training Session Themes

- Webinar 1** Calm Minds, Happy Minds
- Webinar 2** The Effortless Classroom
- Webinar 3** Turning Challenges into Triumphs
- Webinar 4** Implementation Sprint (Consolidate & Elevate)

This package equips all teachers to

- Use simple, daily regulation habits to manage stress and model calm for learners.
- Create classrooms of flow by tightening the few routines that matter and use positive, effort-focused feedback.
- Build psychological safety and a real growth mindset so challenges become momentum builders.
- Run a 6–8 week implementation sprint: set a micro-goal, hold weekly team huddles, gather simple evidence, and share an “impact showcase.”



Let's Connect!

Connect with us, tell us your needs and together let's **Re-imagine Schooling.**

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